



SIGN UP FOR YOUR  
FREE DAILY EMAIL!

BLOG ROLL

OZO BRANDS

BEST OF DAILY LIFE



WEDNESDAY DEC 24

## TRAVEL

### C'est Totally Tubular

#### Natural Surf Lodge

Besides achieving to-die-for bods, a surfer's primary mission in life is to be one with the ocean. That means understanding the three things that make up a great surf: earth, wind, and water. The Natural Surf Lodge in Southwest France teaches that through week-long surf camps, booklets with tips on how to be green, and just living what they preach. The eco lodge is built out of all natural and local materials. All the food is organic and local. And they'll even give you a five percent discount if you take the train instead of driving. Stoked yet? Because we are not fish and can't be in the water all the time, the eco lodge also offers classes in French, yoga, well-being, and cooking. That way, you don't have to be "one" on an empty soul or stomach.

Surf's up at [naturalsurflodge.com](http://naturalsurflodge.com).