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WEDNESDAY DEC 24

TRAVEL

C'est Totally Tubular

Natural Surf Lodge

Besides achieving to-die-for bods, a surfer's primary mission in life is to be one with the ocean. That means understanding the three things that make up a great surf: earth, wind, and water. The Natural Surf Lodge in Southwest France teaches that through week-long surf camps, booklets with tips on how to be green, and just living what they preach. The eco lodge is built out of all natural and local materials. All the food is organic and local. And they'll even give you a five percent discount if you take the train in instead of driving. Stoked yet? Because we are not fish and can't be in the water all the time, the eco lodge also offers classes in French, yoga, well-being, and cooking. That way, you don't have to be "one" on an empty soul or stomach.

Surf's up at naturalsurflodge.com.