



the green fork

a good food feed

The Green Fork is the official blog of the Eat Well Guide. Click here to Find Good Food.



EAT WELL ON FLICKR



GREEN FORK TWITTER

- News Feed: Food policy destinations, from a distance US Food Policy's Parke Wilde has put together a top 1.. <http://bit.ly/CyRCY> 05:02:43 PM July 17, 2009 from twitterfeed
- Check it out! RT @OrganicNation USDA Secretary Vilsack Attends Emergency Organic Dairy Rally <http://twurl.nl/0tj7c7> 11:14:01 AM July 17, 2009 from web
- "That Lunch is Nasty" - Perspectives on the National School Lunch Program: Shane Crary-Ross spent her childhood .. <http://bit.ly/mR3yr> 05:02:22 PM July 15, 2009 from twitterfeed
- Local is the Way to Go!: NY nutritionist Carol Wasserman dishes on how easy it is to eat locally: Aly Marks is a

← [Get out your Nets, Your Food is Swimming: The Water Footprint of Food Dispatch from Canada: On the "Beeten" Pat](#)

More Bad News about BPA

February 10th, 2009 by Bree · No Comments

Bree Shirvell graduated in May 2008 from George Washington University with a degree in political science in journalism. She is currently a freelance writer in New York, and has wrote for La Cucina Italiana, OZOLife, ToTheCenter, and PG Media.

As if eating right wasn't hard enough, a new study has found that anyone who was ever concerned about storing food in plastic containers had good reason to worry.

A [study conducted by the University of Rochester](#) and published in the Environmental Health Perspectives Journal found that the chemical Bisphenol A may not only linger in the body longer than originally thought, but may never actually leave the body.

(Photo taken outside the [Brooklyn Academy of Music](#) during its run of *Sex and the City*, by Libby Batten)

Bisphenol A (BPA) is a chemical that is commonly used to make many hard plastic products such as reusable plastic bottles, and plastic food storage containers. BPA leaks into food and liquid that is stored in containers made from the chemical. The chemical is then transferred into the body when that food or liquid is consumed. The Federal Drug Administration approved BPA for all use, in part because scientists use to believe the chemical metabolized quickly in the human body and was gone within 24 hours.

Now it stands to reason that a chemical used to make hard plastic wouldn't be good for people. Scientists have linked BPA to increased rates of breast cancer, diabetes, and heart disease, but since the chemical was believed to exit the body within a few hours and the risk of becoming sick from BPA increases with the length of exposure, it wasn't considered overly dangerous.

Over the past few years, as concern over the environment has mounted, many people have tried to reduce their dependence on plastic by turning to glass and other materials to store food. Those efforts, however applaudable, will do nothing to stop the damage that has already been done.



To search, type and hit enter

EMBED THIS WIDGET!

```
<object
classid="clsid:D27CDB6E-
AE6D-11cf-96B8-
444553540000"
```

GREEN FORK BLOGROLL

A revolving list of our favorite blogs. Refresh to see more, or click through to our [Links page](#).

- Factory Farm
- What Geeks Eat
- Casing the Joint
- Gristmill
- Edible Buffalo
- Figs, Bay, & Wine
- World Changing
- LeeAnn Smith, MPH, RD
- Not Without Salt
- Food on the Food
- What to Eat
- Seriously Good
- Chews Wise
- Cooking Vintage
- Culinary in the Country
- La Vida Locavore
- She Craves
- A Single Step
- The Daily Green
- Lime

RESOURCES

- Center for Food Safety
- Community Food Security Coalition
- Cool Foods Campaign
- Eating Green Calculator
- Factory Farm

recently. My thanks to an
<http://tinyurl.com/noctnq>
04:59:17 PM July 14, 2009
from [twitterfeed](#)

- Follow Clay Enos's vespa journey using the EWG RT @clayenos Off to a mill in Howe, IN...Morning at Herritage Farms was a complete treat. 11:11:25 AM July 14, 2009 from web

UNION SQUARE FARMER'S MARKET

Farmers and market-goers talk about the importance of local food

INTERVIEW: LUCAS BENITEZ

A short interview with Lucas Benitez of the Coalition of Immokalee Workers

TOUR JOAN GUSSOW'S ORGANIC GARDEN

The garden whose humble beginnings and subsequent flourishing were chronicled in the book, 'This Organic Life'

WHAT TO WATCH, WHAT TO READ



The University of Rochester used urine samples from 1,469 adults in the United States and compared levels of BPA with the amount of time the adult had fasted before giving the sample. The results revealed that almost 93 percent of those tested had trace amounts of Bisphenol A in their bodies.

While there are some who question the results of the study, the Canadian government has already banned the use of BPA in many plastics including baby bottles and fourteen states in the United States are considering similar measures.

Until such measures are passed and more research on BPA is conducted it appears the only safe thing to do is to reduce the amount of food and liquid one eats that has been stored in BPA containers and substitute those plastic food storage containers for glass or metal ones.

bpa, bisphenol a, plastic, food storage, public health

You must be [logged in](#) to save entries to your notebook...

File under: Uncategorized



0 RESPONSES SO FAR ↓

There are no comments yet...

LEAVE A COMMENT

<input type="text"/>	Name
<input type="text"/>	Mail
<input type="text"/>	Website
<input type="text"/>	
<input type="text"/>	

Comments are moderated and generally will be posted if they are on topic. You represent that comments submitted do not infringe upon anyone's right including copyright, trademark, privacy or other personal or proprietary rig

Submit

By submitting a comment here you grant us a perpetual license to reproduce your words and name/website in attribution.

- [Farm Aid](#)
- [Food & Water Watch](#)
- [Food Routes](#)
- [Institute for Agriculture and Trade Policy](#)
- [Leopold Center for Sustainable Agriculture](#)
- [Local Harvest](#)
- [Local Table](#)
- [Monterey Bay Aquarium: Seafood Watch](#)
- [New England Grown](#)
- [Slow Food USA](#)
- [Sustainable Table](#)

ARCHIVES

- [July 2009](#)
- [June 2009](#)
- [May 2009](#)
- [April 2009](#)
- [March 2009](#)
- [February 2009](#)
- [January 2009](#)
- [December 2008](#)
- [November 2008](#)
- [October 2008](#)
- [September 2008](#)
- [August 2008](#)
- [July 2008](#)
- [June 2008](#)
- [May 2008](#)
- [April 2008](#)

