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SATURDAY ESPRESSO BREAK
By **Bree Shirvell** | [Email the author](#) | January 28, 2012

Arts, Patch's House & Home

Saturday Morning Crêpes With Mocha Sauce

The perfect breakfast for those with a sweet tooth.

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Zesty lemon crêpes with strawberries and mocha sauce. The perfect breakfast for those with a sweet tooth.

Here's what you'll need

Crêpes

- 2 eggs
- 1 1/4 cups low-fat milk
- 1 teaspoon grated lemon zest
- 1/2 teaspoon vanilla extract
- 1 cup all-purpose organic flour
- 1/4 teaspoon salt
- 1/2 teaspoon olive oil
- 2 tablespoons butter
- 8 tsp. unsalted butter
- 1 cup sliced strawberries

Mocha Sauce

- 1 cup semisweet chocolate morsels
- 1/4 cup half and half
- 2 teaspoons butter
- 3 tablespoons strong-brewed coffee

Here's what to do

Crêpes

In a blender combine egg, milk, lemon zest, vanilla, flour, salt, olive oil, and 2 tablespoons of butter. Blend until smooth. Cover and refrigerate for twenty minutes or for as long as overnight.

Place a skillet or crêpe pan over medium heat and melt 1 teaspoon of butter to coat the pan. Hold the pan at an angle and pour about a 1.3 cup of batter into the center of the pan, tilting the pan to spread the batter to the edges. Return the pan to the heat and cook for about 2 minutes or until the crêpe is golden brown underneath. Flip the crêpe over and cook the other side for about a minute or until the underneath side is brown. Place the crêpe on a plate and repeat with the remaining batter.

Mocha Sauce

In a small heavy saucepan cook chocolate, half and half, and butter over low heat, stirring often, for 2 to 3 minutes or until smooth. Remove from heat and stir in coffee. Serve warm. Makes 1 cup.

Crêpe Assembly

Lay each crêpe flat, fold in half, and then fold in half again to make a triangle. Open the edges of the



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folded crepe and place the desired amount of diced strawberries inside. Garnish each crêpe with additional strawberries and mocha sauce. Enjoy!

About this column: Musings over espresso and other thoughts on the happenings in Stonington, Pawcatuck and Mystic.

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