

The buzz on natural sting remedies

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By [Bree Shirvell](#)



The hot, sharp, stabbing unexpected sensation of a bee sting can quickly ruin a lovely spring afternoon. Depending on the type of bee, the sting can cause anywhere from a few moments of discomfort to hours of soreness and pain. If you're not allergic to bee stings, there are several natural home remedies that can quickly and easily soothe the pain caused by a buzzing bee.

Baking soda and water: This remedy works best if you know what stung you. If it's a bee, mix baking soda and water and the mixture will neutralize the formic acid in a bee sting. If you were stung by wasp, use vinegar to neutralize the alkaline in the wasp sting.

Basil or Parsley: Rubbing crushed basil or parsley on the area suffering from the sting will reduce the pain. Plus, who doesn't like the smell of fresh herbs?

Honey: It's almost like the bees are mocking us, but this is the cure most recommend by beekeepers and honey producers. Drizzle honey on the area of the bee sting for a soothing affect that will also help prevent infections.

Ice: The age-old natural cure for many ailments works with bee stings too. Applying ice to the area will numb the pain and reduce swelling.

Toothpaste: Use toothpaste only if you know a wasp did not sting you. The alkaline in the toothpaste will neutralize the formic acid from a bee sting.

Got your own home remedies for stings? Tell us about them below.



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