

4 Essential Dishes on LT Burger's New Breakfast Menu

FOODIE GOSSIP

bridget shirvell | JULY 22, 2015



Here are four essential dishes that everyone, from longtime LT Burger devotees to newbies should try on the breakfast menu. image lt burger

The same team that brought the East End mouthwatering burgers, fried pickles and creamy milkshakes is now curing summer hangovers and appeasing morning appetites. [LT Burger in Sag Harbor](#) recently began opening for breakfast and the new morning menu offers comfort food with an upscale approach. Think killer breakfast sandwiches, quesadillas, even a healthy burrito. Co-owners, [chef Laurent Tourondel](#) and Michael Cinque of [Amagansett Wine & Spirits](#) are making mornings exciting with a menu that offers something for everyone with Tourondel's own twist on certain classics. To mark the occasion, I asked Tourondel to share four essential dishes that everyone, from longtime LT Burger devotees to newbies should try on the breakfast menu. Here's what he told me:

“These items are some of our best breakfast sellers:”

Quesadilla Lovers: Choose the LT Quesadilla of chilli, monterrey jack cheese, pickled jalapeno, roasted

tomato salsa, topped with a fried egg.



The LT Quesadilla is a must try. image: lt burger

For the Egg Aficionados: Order up the Huevos Rancheros of scrambled eggs, tortilla, jalapeño, tomato-chipotle salad, avocado and, of course, sour cream.



"I look for something hearty and anything with an egg usually catches my eye," Chef Laurent Tourondel on what he looks to order on a breakfast menu. image: Melissa Hom

If It's Gotta Be a Sandwich: Select the Croque Croissant with scrambled eggs and black forest ham, swiss cheese and field greens.

"They're not your average breakfast dishes and are all delicious filling items that are great ways to start the day," Tourondel said.

And for those that don't like traditional breakfast food, Tourondel said go for the healthy burrito made up of egg whites, spinach, pico de gallo, sprouts and feta cheese.

"The Healthy Burrito is a great dish and not your average breakfast burrito," Toruondel said. "It's also a healthy option."

LT Burger, 62 Main Street, Sag Harbor NY, 631-899-4646.

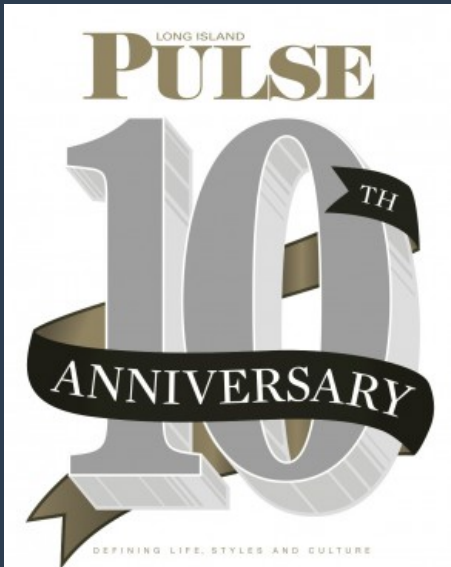


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